

### **Summary**

The usage of Artificial Intelligence is increasing, including in healthcare. It is important to know the benefits and risks of using Artificial Intelligence.

# Artificial Intelligence (AI) is revolutionising healthcare across Europe

#### Introduction

On 4th February, experts from Finland and Estonia gathered at the Finnish Embassy in Tallinn to discuss how AI is transforming healthcare.





#### **Practical information**

The event brought together government officials, healthcare professionals, and AI innovators to explore AI's role in improving patient care, streamlining hospital operations, and navigating regulations. The event was organised by Tehnopol in collaboration with HealthTech Finland, Business Helsinki, Helsinki Health Incubator and Enterprise Estonia.





## Whitepaper 1/2025

Both countries agree – AI is no longer a luxury but a necessity to keep healthcare running efficiently.

In Estonia, Viljandi General Hospital is pioneering a patient-centric AI approach. Chief Medical Officer **Mart Kull** highlighted the hospital's new integrated healthcare hub, "Tervikum," which combines primary, specialist, and social care. AI is central to this vision, supporting mobile hospitals, home-based care, helping doctors with faster diagnostics, such as detecting lung cancer, and providing AI-generated checklists to align patient care with medical guidelines. He emphasised that AI will not replace doctors but will enhance decision-making and efficiency.



# Conclusion/Tips and/or Tricks

There is a need for structured healthcare data to support Al innovation and faster regulatory approval processes to keep up with Al advancements.



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